



FAQ's for Employees with Employer-Sponsored Access to Joyages

What is Joyages?

Joyages is a Digital Life Coaching application for Brain Health designed to help you address and manage life's common stressors!

What's in it for me?

Joyages is an on-demand app that will train and equip you with the tools necessary to deal with everyday life challenges. Joyages focuses on habit formation and mindset shifting, featuring all types of content from personal development to happiness hacks and positive news consumption.

What categories are included?

Joyages covers a variety of categories including but not limited to: Happiness, Relationships, Personal Development, Higher Purpose, Habits & Goal Setting, Work/Career and more!

What features are included?

Joyages offers a variety of features including but not limited to: Habit Trackers, Guided Journals, Clinical Assessments, Personal Development Content, Activities, On-Demand Digital Therapy and more!

Can anyone see my journals?

No one else can see your journals. This is a personal and private feature of the app meant for you to log your thoughts.

Can my employer see what videos I'm watching?

No. The employer cannot see which activities each individual user is participating in.

Will my employer know what my assessment results are?

No. The employer will not know individual assessment scores.

What does it cost?

Joyages is available FREE to all employees through participating employers.

How do I access Joyages?

Simply visit the app store and type in Joyages. The option to download the app will appear when Joyages pops up in your search results.

How do I sign up?

Click the “create an account” button on your home screen. Fill in the fields and make sure that your password includes an upper, lower and special character. If you have a company code, make sure to include during registration. You will receive a confirmation code via text message to confirm your account.

What if I can't find my company code?

Your HR Manager will be able to provide you with said information.

Do I have to pay for Talkspace?

If the Joyages Talkspace feature is not covered by your employer, you can request a discount code from the Joyages team to be able to participate at a special rate.

Can my friends and family use it?

Yes. The Joyages app is now available for download in the app stores.

Free downloads during the month of September.

[Download for Apple](#)

[Download for Android](#)

www.Joyages.com